

SACRED HEART PARISH

# EASTER BASKET BLESSING

SATURDAY, APRIL 8<sup>TH</sup>

10:00AM



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S A T U R D A Y ,   A P R I L   8<sup>TH</sup>

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What do you think of when you think about Easter baskets? Likely something left by the Easter Bunny with straw, chocolate and other candies for children.

This year consider building an Easter Basket full of food filled with symbolism and bring it to Church for a blessing. Families with Eastern European heritage are familiar with this tradition, but this custom is for everyone!

## WHAT SHOULD YOU PUT IN YOUR BASKET?



### TABLE LINENS

Symbolize the discarded burial cloth that wrapped Christ's body, very traditional.



### BUTTER

A symbol of the richness of our Christian heritage and end of fasting.



### HORSERADISH

A reminder of the bitter herbs of the Passover.



### MEAT

Any type of meat- lamb can be considered for its indications of Christ; pork was forbidden in the Old Testament, symbolizes Christ makes all things new; rope sausage for Christ who broke the chains of death and rose from the dead.



### CANDLE

Unlit and new, this candle helps remind us that Christ is our light.



### FLOWERS

A symbol of the new growth in Christ, the results of our Lenten sacrifices.



### BREAD

Various breads used to symbolize Christ who is the "Bread of Life."



### WINE

A symbol of Easter joy!



### EGG

Traditionally a symbol of resurrection and new life; Mary Magdalene is rumored to have used to teach of the empty tomb; legend of an Easter egg given in love will never spoil; prior to 1960 were not allowed in Lent, so joy in having eggs.



### SALT

To remind us that we are salt of the Earth.

**ADD AN EXTRA SPIRITUAL, TRADITIONAL, AND FAITH-FILLED TRADITION TO YOUR EASTER CELEBRATION!**